

The Synergie Cellulite Reduction Treatment is an effective non-surgical alternative cellulite treatment for body sculpting and your answer to cellulite reduction. This non-invasive cellulite treatment provides optimal stimulation, stretching, and pressure to subcutaneous tissues, not easily achieved through traditional massage techniques. With a series of treatments, you will see and feel the improvement of your skin and the shape of your body, with a noticeable difference in the fit of your clothes from your very first treatment.

The Synergie machine is an FDA-approved treatment for the reduction of cellulite. In a recently completed study, Synergie was shown to dramatically reduce inches and to improve the smoothness of the skin in the treated areas. In fact, 100% of the women participating in the study lost inches and over 90% reported a visible improvement in skin smoothness.

Synergie treatment uses Vacuum Massage Technology, which gently combines suction and pressure to release the fluids in the fat cells that cause cellulite. The specific cellulite treatment techniques increase lymphatic drainage and blood circulation to flush the fat cell fluids and reduce overall water retention. Additional benefits of this treatment include the boosting of the immune system and stimulation of collagen production, which reduces stretch marks and scarring.

Synergie provides a proven non-invasive option for those individuals who want to lose inches and smoothen skin without the risks, pain or high cost of radical surgical methods. While Synergie is not a weight loss tool, studies have shown weight loss in many clients and it is most effective when used in conjunction with diet, Colonics and exercise.

A typical Synergie treatment program consists of a series of initial twice-weekly sessions over a 16 week period, followed by monthly maintenance visits. Actual machine treatment time lasts approximately 30 minutes. To ensure your comfort and preserve modesty, you will wear a Synergie Body Suit during the treatments.

Frequently Asked Questions:



What results can I achieve from The Synergie Cellulite

Reduction Treatments?

Although individual results may differ, most lose weight, inches and feel great during and after the treatments. Within 6 treatments most clients notice a difference in their appearance with smoother thighs, abdomen, buttocks and arms.

Are there other Benefits from The Synergie Treatments?

The Synergie Treatments focus on detoxifying your system by increasing lymphatic drainage and blood circulation to flush the fluids from the fat cells, which create cellulite.

Water retention and joint pain can be reduced, and the immune system can be boosted. Collagen production can be stimulated which reduces the appearance of stretch marks and scarring.

When can I see results with The Synergie Treatments?

Your body will begin the cellulite detoxification process immediately. Drinking plenty of water will enhance fluid elimination from the fat cells. Noticeable outward changes can usually be seen within 6 treatments. A study of 36 women treated twice weekly for 8 weeks showed loss of inches in 100% of participants and visible reduction in the appearance of cellulite in 91% of participants. The treatments will focus on your problem areas such as hips, thighs, abdomen, legs, arms and buttocks.

How long will the results last?

After the initial weekly treatments to achieve your desired results, monthly maintenance treatments will limit new cellulite deposits and continue to reduce cellulite by detoxifying your body and eliminating fluids. Treatment regimens are customized to meet the goals of each client. A healthy lifestyle will help maintain results.

Does this treatment replace diet and exercise?

No. In fact, diet and exercise used in conjunction with these treatments are more likely to yield greater results as documented in a recent study.

Can I lose weight with these treatments?

Although most clients will experience some weight loss, these treatments are most effective in losing inches and smoothing the skin.

What does The Synergie Treatment feel like?

The Synergie Treatment is performed by a trained body therapist and utilizes the revolutionary Vacuum Massage Technology, which gently combines suction and pressure for a relaxing and invigorating massage.

Can anyone have Synergie Treatments?

Both men and women people can benefit from the detoxifying and fluid elimination processes of Synergie treatments. However, there are certain medical conditions that may preclude treatment. An initial consultation includes a careful medical history and evaluation to determine your needs and any possible contra-indications for Synergie.

What happens if I begin Synergie and for some reason have to stop for a few weeks? Do I have to start over again?

No. Synergie is cumulative and effective. Noticeable outward changes can usually be seen within 6 treatments, although results do vary with each client. Even sporadic visits can yield results. To see optimal results, Synergie should be performed as recommended, which is twice weekly for 8 weeks, or until individual results are achieved.

Is Synergie comparable to liposuction?

No, there is no comparison. The Synergie system is painless and non-invasive. Synergie is a non-surgical alternative for the temporary cellulite reduction in appearance and circumferential body measurements.

What will I wear during Synergie?

To ensure your comfort and preserve modesty, you will wear your own Synergie Body Suit (included in the series cost) during your visit. The Body Suit aids in the reduction process. Synergie is always performed "one-on one" in a private spa room.